

**PAN-AMERICAN GOJU RYU KARATEDO
SEIWA KAI NEWSLETTER**

**全米剛柔流空手道
誠和会社内報**

**Dedicated to Traditional Goju Ryu Karatedo
ISSUE 33: November/December 2018**

All issues of the Pan-American Seiwa Kai Newsletter can be found online
at: <http://www.greatlakesseiwakai.com/usa-seiwa-kai-newsletters.html>

Send submissions to the Pan-American Seiwa Kai Newsletter to:
greatlakesseiwakai@gmail.com



**Chojun Miyagi, Shihan: Goju Ryu Founder
Shuji Tasaki, Shihan: Seiwa Kai International Founder
Seiichi Fujiwara, Shihan: Seiwa Kai International President
Vassie Naidoo, Shihan: Seiwa Kai International Vice President
And Pan-American Seiwa Kai President & Chief Instructor
Des Tuck, Shihan: USA Seiwa Kai Vice President & Seiwa Kai
International Special Advisor**

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Des Tuck: Vice President
Jim Pounds: Secretary
Brian Burdick: Treasurer

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Marco Madrid: President
Vassie Naidoo: Liaison and
Official Representative for Latin America
Appointed by Shuji Tasaki, Shihan



Goshukan Seiwa Kai Canada

Craig Vokey: President
Vassie Naidoo: Liaison

Goshukan Seiwa Kai Mexico

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Vassie Naidoo: Liaison

Seiwa Kai Canada

Peter Brown: Official Representative
Isao Yabunaka: Senior Member

Mark Cramer: Newsletter Editor



Kawase Hasui: *Snow at Tsukijima*

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USA Seiwa Kai Seminar: November 9, 10, and 11 With Seiichi Fujiwara Shihan and Vassie Naidoo Shihan



Saturday's Group Photo

The USA Seiwa Kai Gasshuku was a tremendous success. Over one hundred people from the USA, Canada, Mexico, and Australia gathered in Santa Monica California to train with Seiichi Fujiwara Shihan and Vassie Naidoo Shihan.

The Goju Ryu Karatedo kata curriculum was reviewed, corrected, and drilled with the seminar participants, and everyone came away with a more in-depth understanding of the intricacies of the kata that Miyagi Sensei passed down to us.



Saturday's beach training was punctuated with contiguous Sanchin down the beach and into the surf where we were pummeled by the waves and pulled by the undertow as we struggled to maintain our dachi. No matter how hard one tries, no one can defeat the power of the crashing waves, but we had a good time trying.



There was one sad note at the seminar – the California wildfires that resulted in the deaths of scores of people. At Saturday’s beach training, we could see the smoke from the fire blowing out over the Pacific. Later in the day, the wind shifted, and the smoke drifted into Santa Monica leaving behind a dusting of ash. We could not help but feel a profound sorrow for those whose lives were affected by these fires.

Special Kata Performance



One of the most heartwarming moments of every seminar in Santa Monica is the special kata performance from the children’s class which is taught by Mallica Cooper. These youngsters train hard and give the adults a quality kata display.



Saturday Evening's Banquet

After exhaustive training, it is a pleasure to renew old friendships and forge new ones over good food, refreshing libations, and pleasant conversations.

Eibukan Goju Ryu Karatedo



Tak Hamabata Shihan

A special thankyou goes out to the Eibukan Goju Ryu Karatedo and Tak Hamabata Shihan. This traditional Goju Ryu organization has always supported both our Seiwa Kai seminar and the JKF Goju Kai Shinsa. Kay Sakaue always provides excellent translations of Fujiwara Shihan's detailed explanations. This is no easy task; one must be fluent in both Japanese and English and understand the intricacies of traditional Goju Ryu Karatedo.



Kay Sakaue Sensei

James Pounds Shihan Nana-Dan

Congratulations to Jim Pounds Shihan who successfully graded to Seiwa Kai Goju Ryu Karatedo Nana-dan at Sunday's Shinsa (on November 11th). Jim Shihan is a genuine Seiwa Kai leader; he is always helpful and encouraging to our members and is always humble in his interactions with others.

Jim Shihan's is an excellent martial artist; his training is tireless and is focused on continual self-improvement. This, in turn, leads to the improvement in his students' Karatedo.

In addition to this, Jim Shihan is also an excellent writer. In the *Book of Five Rings*, Miyamoto Musashi explains that there is an essential relationship between the way of the martial arts and the way of the literary arts: "It is said that the warrior's is the twofold Way of the pen and the sword, and that he should have a taste for both Ways." Jim Shihan's



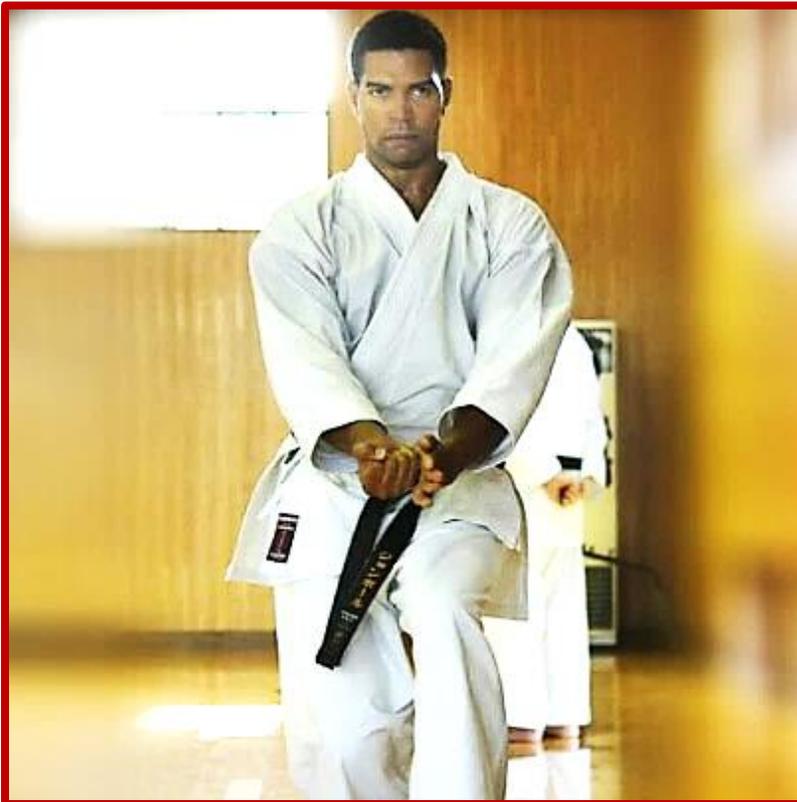
articles are always well written, interesting, and insightful into the martial ways. Both martial skills and literary skills are integral components of a complete martial artist and Jim Shihan epitomizes this twofold Way.

Jim Pounds Shihan is a complete martial artist – a true leader, a refined martial artist, and an insightful writer.

Congratulations! The Nana-dan is well deserved.

Johnpaul Williams – USA Seiwa Kai Membership Chair

Congratulations to Johnpaul Williams who was recently elected to the position of Membership Chair by the officers and directors of USA Seiwa Kai. His duties will include recruiting new members and increasing the participation of current members.



In nominating JP Sensei, Vassie Shihan stated that this newly created position “would require a person who is plugged into other karate organizations and who networks well. In essence, it is an unpaid sales and marketing position which will require no small amount of time and energy. In examining our membership, I feel that Johnpaul Williams Sensei would be the very best person for this position. He is a current Board member, well-known in the world of Goju-Ryu karate both nationally and internationally and understands the importance of and has experience in sales and marketing. Not to mention,

he is relatively ‘young,’ personable, and energetic. Fujiwara Hanshi has said it is time to start moving up the next wave of leaders.”

**Seiwa Kai Mexico Guadalajara with Vassie Naidoo Shihan
November 16, 17, & 18
From Sabina Madrid**



With an impressive attendance of around 100 students from Seiwakai Mexico, our annual training seminar taught by Vassie Naidoo Kyoshi was carried out. We are infinitely grateful for his teaching and are waiting for the next year to have it again here.

We thank Shihan Johnpaul Williams for his teaching and patience. We are also thankful to those who honored us by joining us and sharing their knowledge: Chris Norris, John Dean, T. Conrad Williams, David G. Kinney and of course, Shiho Azuma.

We are also grateful for our leaders of Seiwakai Mexico: President of Seiwakai Mexico, Marco Antonio Madrid; Vice President, Cristina Madrid Naidoo; Secretary Sabina Madrid, organizer of the event; Raul Salcedo and Marisela Castillon Directors of Ryoku Zen, and Luis Tovar and Silvia Torres, Directors of Seiwakai Durango, who although they could not attend physically, were always present. We would also like to thank to our instructors: Jose Villegas and Fernando Carrillo, as well as Bryan Rodriguez, Angelica Martinez Madrid. Fernando Madrid.

Special Congratulations to those who received their grade dan certificate.

Shodan; Fernanda Roldan

Nidan; Angelica Martinez Madrid.

We are waiting for you next year, to grow even more our Seiwakai Mexico family. We have a big and huge surprise for the next year.

Infinite Thanks!

Con una gran asistencia de alrededor de 100 practicantes de seiwakai mexico, se llevo a cabo nuestro seminario anual de capacitacion impartido por vassie naidoo kyoshi, agradecidos infinitamente por su enseñanza, y esperar a que llegue el proximo año para tenerlo nuevamente aqui.

Agradecemos infinito a shihan johnpaul williams por su enseñanza y su paciencia, a quienes nos hicieron el honor de acompañarnos y compartir sus conocimientos, chris norris, john dean, t. Conrad williams, david g. Kinney, y por supuesto, shiho azuma

Agradecidos tambien con nuestros lideres de grupo, iniciando con nuestro Presidente De Seiwakai Mexico, Marco Antonio Madrid, Nuestro Vicepresidente Cristina Madrid Naidoo, Secretario Sabina Madrid, Organizador Del Evento, Raul Salcedo Y Marisela Castillon Directores De Ryoku Zen.

Y a luis tovar y silvia torres, directores de seiwakai durango, que

Aunque no pudieron asistir fisicamente, siempre estuvieron presents agradecimiento a nuestros instructores, Jose Villegas Y Fernando Carrillo, Asi Como A Bryan Rodriguez, Angelica Martinez Madrid. Fernando Madrid

Felicitaciones especiales a quienes recibieron su certicado de grado dan

Shodan.. Fernanda Roldan

Nidan... Angélica Martinez Madrid.

Los Esperamos El Año Entrante, Para Hacer Crecer Aun Mas Nuestra

Familia Seiwakai Mexico. Tenemos Una Gran Y Enorme Sorpresa Para El Siguiete Año.

Gracias Infinitas !!!!!

Seiwakai Goshukan Canada Seminar

12, 13, and 14 October

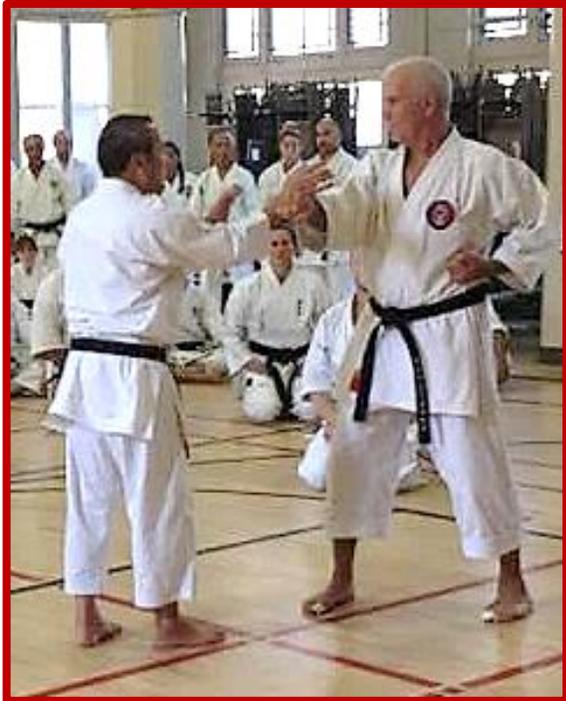


The Goju-Ryu Karate-Do Seiwa Kai, Goshukan Canada fall camp took place Oct 12-14 at Laurentian University in Sudbury, Ontario, Canada. The format was similar to previous years. It was led by Don Beniot, 7th dan (Kyoshi) and Craig Vokey 6th dan (Kyoshi) who were assisted by the senior members of Goshukan Canada.

Classes were held on Friday evening, Saturday morning and afternoon, and were followed by a Seiwa Kai Dan grading up to third dan. Sunday morning featured Paulo Cardoso sensei who gave a one-hour introduction to Kali. The seminar ended with group training and finished at noon.

Tri Valley Seiwa Kai Seminar and 5 Year Celebration





Perseverance

By Jim Pounds

“If this snail sets out for the top of Fuji, surely he will get there.” ~ Yamaoka Tesshu ~

Whew. That took a while. And for the record, I never thought I would get this far.

I graded for my 7th Dan Seiwakai this November in Santa Monica and am pleased to tell you that I was successful. Nanadan is a huge achievement, and I am proud to be considered to have the right stuff. It is an honor. But there is a larger story to achieving this rank, as I’m sure there is for everyone who has achieved it.

My personal trajectory has been a circuitous one, so I have spent an amazing amount of my karate lifetime making up ground, so to speak. Over the years I have had to unlearn as much as I’ve learned, which brings to mind the paradox of “One step forward, two steps back.”

I began karate training in 1973 in the Japanese Soryu style, and I was already in my early twenties when I started. Yes, that’s before many of you were born. The Austin Soryu dojo was a rough place, which was simply how karate was back in that time. My first Sensei, Joe Alvarado, was a truly tough guy from the barrio and a well-known ‘point’ fighter in the early days of Texas karate where such legends as Allen Steen, J. Pat Burluson, Fred Wren, Jim Harrison, and Demetrius Havanas made Texas karate fighting a tradition of blood and guts. ‘Point’ fighting in those days was full-contact. Thinking back on my first Alvarado ‘Animal Night’ sparring event, when I was an orange belt, it’s a wonder I stuck it out. I was beaten like a drum! My brother, Jeff, who was easily as tough as I was, soon quit, so I pressed on alone.

After a few years, I moved on to the Shito-Ryu style under Don Coslet, a student of Shogo Kuniba Shihan. Coslet Sensei was not only a very strong fighter, but he also stressed technique and kata as well. Over thirteen years I learned that technique is what actually wins battles. I went from a tough dojo to a smart dojo that produced just as many good fighters.

My turning point came in 1990 when I attended Osamu Ozawa Shihan’s traditional Ozawa Cup International Tournament in Las Vegas. At this tournament were a number of acknowledged Masters teaching various seminars. One of them, Teruo Chinen, was teaching a seminar titled *Goju-Ryu Kata Seipai*, and I remember thinking, “Well, I know that kata from Shito-Ryu.” So I attended. My idea of karatedo was forever changed in an hour and a half that afternoon.

We ran the entire kata exactly once, and then launched directly into the bunkai applications. I had never seen anyone move as fluidly or with as much power as Chinen did that day, and his personal

force field was palpable. His understanding of the defense applications of the kata he ran was beyond my comprehension. Not to mention he did both beautifully. Every time he came near me on the training floor, the hair on the nape of my neck prickled. Truth.

I went back to Austin and told my wife Theresa that I had to go train with this man, who lived in Spokane, Washington. Within two months, we sold most of our belongings and took off to train with a man we didn't know in a style we didn't train in. Some things you just know are right. Being his uchi deshi was one of them. Surprisingly, he accepted us. My Goju-Ryu education had begun. Chinen told me he would recognize my rank eventually, but in the meantime I should "keep beginner's mind." That took four years. In Chinen's Jundokan International organization, promotions were so slow that you quit even thinking about them. I came in as a Sandan in Shito-Ryu and left thirteen years later as a Yondan in Goju-Ryu. We didn't get promoted often, but we knew we could hold our own against a similar rank anywhere. That breeds confidence.

In July of 2004, on my first trip to Japan to train with the Gojukai, I met Leo Lipinski, Vassie Naidoo, and Des Tuck in Takamatsu, Japan and immediately took a liking to them. That November I attended my first Seiwakai Gasshuku in Santa Monica, and the rest is history. Upon joining Seiwakai, much to my dismay, it seemed that every technique I was doing in karate was wrong as far as they were concerned. There was much difference between the old-style Okinawan Goju-Ryu of Chinen and what the Gojukai was doing. Vassie Shihan articulated it best, "Not wrong, just different," he told me. Without his guidance and my extreme respect for Tasaki Hanshi and Fujiwara Shihan, I don't think I would have stayed in Seiwakai, because after a certain amount of time in this business, you grow tired of hearing that you're doing everything wrong. I gritted my teeth and stuck with it, until they (mostly) quit telling me I sucked.

So that's the chronological version, but the real battle for me was the physical one.

I last graded (to Rokudan) in Seiwakai in November 2011. Between that time and this November, I have undergone bicep tendon and rotator cuff surgery and two complete knee replacements – the result of many years of distance running, alpine skiing, karate, and construction work. Before my first knee replacement, I couldn't walk a hundred yards without the pain forcing me to sit down. The summer in Japan before that first replacement, I had never had to bow out of a training, but I did that several times *a day*, leaving the training floor to stretch so I could continue. The pain was excruciating.

After the first knee replacement, I had to relearn balance. The other knee had gone south from compensating for the first bad knee and was now almost an inch shorter than the repaired one. I had to endure the embarrassment of being a sensei who was not able to stand on one leg without losing my balance. Saifa kata became my worst nightmare. During this period of time, I attempted Rokudan Goju-Kai on two occasions and failed both times. Balance, balance, balance. I swallowed my pride and pressed on.

While training in Japan before I had the second knee replacement, Fujiwara Shihan was working very hard to get us ready for the Gojukai gradings – my third attempt. Through an interpreter he told me my problem was that I lacked confidence. It was a punch in the gut. How could I feel confident when I had no confidence in my balance? Nevertheless, I was doing very well in my

shinsa in Tokyo until the one-leg pivoting block in Seisan ... my left knee gave and I fell out of the stance too early. The judges put their pencils down and I knew it was a no-go.

I had the second knee replacement a year and a half ago. After one year, my strength and balance were returning, and I was feeling like I could finally do this. I trained hard, running the opening sequence of Kururunfa again and again and again, failing fifty percent of the time, then forty, then twenty percent.

I refused to hold any thought other than “this is my year.” My friend Jamie Duggan Shihan taught me the impediment of duality. You can’t think pass and fail simultaneously any more than you can frown and smile at the same time. You have to see *only one* outcome. This year I was finally ready and thankfully just after the requisite seven years of time required between Rokudan and Nanadan had elapsed.

I felt more confident than I’ve felt in years. I knew when I started Sanchin I was ready. Ditto for Tensho. Then came the litmus test for balance ... the first sequences of Kururunfa. When I stuck and held that second kensetsu geri of Kururunfa *I knew*. This was my time. My years of recovery and recuperation were finally behind me.

After the grading I found myself wishing it had been an open grading so more of my peers could have witnessed it. How often have I felt that way? Never.

Some say that after Godan, the grading is easier because you aren’t required to do kumite. I would disagree. I believe it is more difficult for a fighter because I always felt I could make a good showing in kumite, which would help my chance of success. After Godan, you are only being graded for three katas, and the requirements are *very* exacting. Couple that with the battle we all are fighting with aging and the cumulative effects of old injuries, and I realize the obstacles are different. No longer can I rely on my old ability to power through it.

So, what is the moral of all this?

You can do anything if you don’t give up. You’ll have self-doubts. You’ll question your sanity to keep trying. You’ll go through plenty of soul searching. An amount of transcendence is required. Your peers may wonder why you keep putting yourself through this when you could take up golf. This may well be the last grading I will ever do, so it was important for me to prepare correctly. *Ichi go, Ichi e.* At a certain age, that in itself is a balancing act. Primarily, I believe I wanted to show my Sensei, and most importantly myself, that I was confident enough to finally overcome duality, my old personal nemesis.

There will always be obstacles and limitations, both in life and in karate. How we deal with them is what defines us. I’m proud to have kept putting one foot in front of the other during these tribulations and pressing on. You can too. I’ll stake my obi on it.

Notes on Kata



Several months ago, I had the pleasure of officiating at a sport Karatedo tournament with some of the finest judges and referees in North America. (To be clear, I do not put myself in that same category of judge or referee.) The event was in Indianapolis, Indiana and was hosted by the Shodan Karate Academy of Riccardo Guerrero and PUNOK Karate equipment. It was a two-day event for competitors under the age of 18, and each day featured a slightly different type of competition. At the end of each day, there was a grand championship.

On the first day, we saw traditional Karatedo competitors from ages 5 to 17 with experience levels from beginner to advanced. There was also an open karate division for musical forms and musical weapons forms. I had never previously observed these events, but I will comment on them later.

On the second day, we had competitors from the ages of 12 to 17. This was a high-level event, and it attracted some very good young competitors from across the country. At the end of the day, the competitors who had won their advanced kata and kumite divisions faced each other in a grand championship. It was an absolute pleasure to be able to judge these divisions.



Back on the first day, the competitors who had won their musical forms and musical weapons forms divisions also had a grand championship. On this day, the judges were not using the WKF flag system for the Grand Championships. Instead, for both the music performances and the traditional performances, they were using the point system which is similar to the one used in the JKF Goju Kai tournaments.

I was seated at ringside with the other referees and judges. As I watched the competitors, I became a bit bemused. The competitors were wearing satiny uniforms that bore little resemblance to a karate gi, and greatly resembled a dance outfit.

The competitors presented themselves to the judges in an extremely dramatic fashion, and after the music began, I observed dance movements that occasionally resembled the movements of a martial art.

The judges scored each competitor, and from what I could infer the criteria for the judges' decision seemed to be based on who performed the most entertaining dance with the most drama. The performances were entertainingly presented, athletically performed, and interestingly choreographed, but they had virtually nothing to do with the combat arts. What I observed was definitely not a demonstration of budo set to music; it was a theatrical dance performance with a martial arts motif.



The traditional Karatedo competitors performed next, and the judges from the musical performances joined us at ringside. The most senior judges among us took their seats around the matted competition area to evaluate the competitors. These traditional kata judges were an impressive group; they were all certified at the PKF or WKF level.

After a particularly good performance of a high-level Shotokan kata, I turned to the musical forms judge who was now seated next to me. I quietly said: "That will score well." He looked at me with a puzzled expression that seemed to question my assessment of the kata. This difficult traditional kata was not a theatrical showpiece; however, it was performed with a high level of technical and athletic competence. When this competitor won the grand championship, the judge next to me shrugged his shoulders and shook his head. He seemed to have no knowledge about the criteria for evaluating a traditional Karatedo kata.

At this point, I had to chuckle a bit to myself as I realized the magnitude of the schism between the standards of Americanized musical forms and the standards of traditional Karatedo kata. I was expecting to see a demonstration of budo skills set to music, and instead I saw dance and drama. The musical forms judges were expecting to see a theatrical dance-like performance, and instead they witnessed some very sound technical and athletic performances of traditional Karatedo kata.

Neither group observed what they anticipated, and both groups left that day's event with a bit of bemusement about the other.



Great Lakes Seiwa Kai Spring Gasshuku, Shinsa, and Shiai With Vassie Naidoo Shihan – March 29th through 31st 2019



This coming March 29th through 31st, Great Lakes Seiwa Kai will be hosting their annual Goju Ryu Karatedo Seminar and Seiwa Kai Friendship Tournament.

This seminar will be taught by Hachi-dan Vassie Naidoo Shihan who is the Vice President of Seiwa Kai International, the President and Head Instructor of Pan American Seiwa Kai, and President of the JKF Goju Kai USA.

Vassie Naidoo Shihan is well known throughout the USA and the international traditional Goju Ryu community.



Take advantage of this opportunity to train with one of the world's great instructors of Goju Ryu Karatedo Seiwa Kai.

Friday, March 29th Toledo School for the Arts; 333 14th St., Toledo, OH 43604

- Session 1 – 6:30 to 8:30 (Instructors, yudansha, brown belts, and invited guests.)

Saturday, March 30th Douglas Rd. School -- 6875 Douglas Rd; Lambertville, MI 48144

- Session 2 – 10:00 to 11:30
- Lunch Break
- Session 3 – 1:00 to 2:30
- Session 4 – 2:45 to 4:15
- Shinsa 4:30
- Banquet – 7:00 to ? (Location TBD)

Sunday, March 31st Seiwa Kai Friendship Tournament Douglas Rd. School 6875 Douglas Rd

- 10:00 to 5:00 Kata and Kumite (1st through 4th place metals will be awarded.)
No food or drinks (except water and clear sports drinks) will be allowed

Fees – Seminar

- \$45 Total for all 3 days (Make **Checks** Payable To: **Mark Cramer**)
- Family Discount: **Two** family members – \$80 / **Three or more** family members – \$100

Fees – Tournament:

- **Entry Fees:** *No entry fees for Seminar attendees and Great Lakes Seiwa Kai Members*
Competitors from other (non-Seiwa Kai) organizations will have a \$20 fee if not enrolled in the seminar
- **Fees – Spectator** (Make **Checks** Payable To: **Mark Cramer**)
- **Adults** – \$7
- **Students** (non-participant) – \$5
- **Children** (under school age) – \$3

Accommodations: We are in the process of securing a group rate for the same hotel that we have used in the past. We'll keep you posted.

TSA STUDENTS: This is a required performance for the 2018-19 schoolyear. Failure to participate in the performance will result in the student being given written assignments.

All SEIWA KAI STUDENTS:

Peewees are encouraged to participate in Session 2 (The seminar fee is waived.)

All other students are encouraged to attend as many sessions as possible.

TOURNAMENT: ORDER OF EVENTS and TIME SCHEDULE

- Youngest Divisions First (Kata first followed immediately by Kumite)
- Beginners first followed by Novice, Intermediate, and Advanced

AWARDS – 1st - 4th Place; Gold, Silver, & Dual Bronze Medals

INFORMATION – Mark Cramer – Mcramer@TS4Arts.org



**GREAT LAKES SEIWA KAI SEMINAR and FRIENDSHIP
TOURNAMENT ENTRY FORM**

NAME _____
PHONE _____
ADDRESS _____
EMAIL _____

CITY/STATE/PROVINCE _____ ZIP/POSTAL _____

COUNTRY _____ DATE OF BIRTH ____/____/____

AGE _____ DOJO _____ TEACHER _____ STYLE _____

PHYSICAL OR HEALTH IMPAIRMENTS _____

PARTICIPANT WAIVER and AFFIRMATION OF ACCURACY

In consideration of my acceptance into this seminar and tournament, I agree to release, hold harmless, and indemnify this organization, including but not limited to, participating members and instructors, all clubs, organizations, and firms of any and all liability for injuries, disease, or ill health, or the aggravation of such, all claims, demands, costs, or losses and expenses, including claims at law, which I or my heirs and personal representatives may have arising out of, or caused in any way by, or having connection with my participation in this contest and/or in the care or use of, custody and control of any involved organization, including travel to and from the tournament. All photos of me at these events may be used at the club's discretion, and we wave compensation for them. I additionally affirm that all tournament registration information is true and accurate.

Participant's

Signature _____ Date ____/____/____

Co-signed if under 21 _____ (Legal
Guardian)

Number of People Attending: _____ **Total Cost** _____

To be Completed for the Seiwa Kai Friendship Tournament

Name _____

Gender (Check One) Male Female

Age (Check One)

(Child) 6-7 8-9 10-11

(Youth) 12-13 14-15 16-17

(Adult) 18+

Karate-Do Experience (Check One)

Beginner – Under One Year of Training

Novice – Under Two Years of Training Or Green Belt

Intermediate – Under Three Years of Training or Brown Belt

Advanced – Three Or More Years of Training or Black Belt

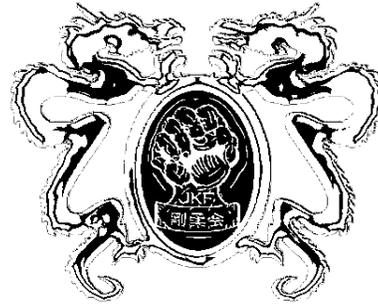
Events

Kumite _____

Kata _____

* Divisions and Rules May Be Modified at The Discretion of The Director of Competition.

Seiwa Kai Around the Globe



Goju Ryu Karatedo Seiwa Kai International



President: Seichi Fujiwara Hanshi



Vice President: Satoru Takahashi



Vice President: Vassie Naidoo

SEIWAKAI INTERNATIONAL CONTINENTAL DIRECTORS



Ben Mare
(Africa)



Glen Stephenson
(Oceania)



Gurmit Singh
(Europe)



Abel Figueiredo
(Europe)



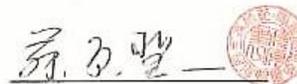
Craig Vokey
(Pan America)



Eddie Liu
(Asia)



Goju Ryu Karate-Do Seiwakai International
Member of
All Japan Karate-Do Federation
All Japan Karate-Do Federation Goju Kai



Seichi Fujiwara (President)

“Lead them by political maneuvers, restrain them with punishments: the people will become cunning and shameless. Lead them by virtue, restrain them with ritual: they will develop a sense of shame and a sense of participation.” Confucius

Seiwa Kai United Kingdom

Seiwa Kai International London Seminar

Over the four days of the seminar, at least 175 members from many countries attended. These includes included Slovakia, Portugal, Greece, Poland, Germany, Belgium, Switzerland, Liechtenstein, Hungary, Netherlands, and Russia.





Bunkai Applications from Goju Ryu Kata



Seiwa Kai Goshukan South Africa By Gary Mahnke



Goshukan *ReachOut* is proud to fully sponsor a mini bus for the Miracle Kidz Safe House and Orphanage. This bus is permanently housed at the home and is used to safely get these wonderful kids to and from school, sports, outings, and so forth. Goshukan not only fully sponsored this vehicle and its maintenance, we also fully sponsor the kids' karate and tournament entries, kit and assist in food and supply sponsorship.



From Marie Tanabalan

Seiwakai Open
International
Championships



2018



Club / Country Ranking

Rank	Country	Club Name			
1		England Karate Kan	12	2	2
2		Seiwakai East London	5	6	13
3		The Netherlands - Karate Moerdijk	4	3	6
4		Shodokan	3	15	17
5		Oxford Karate Academy	3	2	10
6		Italy - ASD Gakko Karate Jujitsu	2	0	2
7		Seitou Ryu Karate	1	2	3
8		Yamaguchi Goju Kai	1	2	0
9		Hungary - Leo SE	1	0	3
11		Portugal - Nucléo Karate	1	0	2
11		Windrush Karate School	1	0	2
12		Phoenix Karate School	1	0	1
13		France - Perigord Karate Team	1	0	0
14		Elitez Karate	0	2	1
15		The Karate Centre	0	1	2
16		SYTL	0	0	2
17		Hyo Gen Do	0	0	1
17		Bulgaria - Shindojo	0	0	1
19		Finland - Kenshi Kai	0	0	0
19		Wu'Chi Kwondo Karate	0	0	0
19		Goju Ryu Merton	0	0	0
19		Algeria - Jeunesse Sportif de Barika	0	0	0
19		Senshi Ryuu	0	0	0

Seiwakai Novice Cup



2018



Club / Country Ranking

Rank	Country	Club Name			
1		Bulgaria - Shindojo	3	3	2
2		Oxford Karate Academy	3	0	1
2		Shodokan	3	0	1
4		The Netherlands - Karate Moerdijk	2	0	0
5		SYTL	1	5	5
6		Elitez Karate Academy	1	2	1
7		Senshi Ryuu	1	1	0
8		England Karate Kan	1	0	0
9		The Netherlands - Isshoni Karate	0	2	2
10		Seiwakai East London	0	1	8
11		Goju Ryu Merton	0	1	0
12		The Karate Centre	0	0	3
13		Wu'Chi Kwondo Karate	0	0	2
13		Windrush Karate School	0	0	2
15		Italy - ASD Gakko Karate Jujitsu	0	0	0
15		East London School of Karate	0	0	0



Seiwa Kai Australia

April 5, 2019 at 9 AM – April 7, 2019 at 4 PM



Who's going to be the next Australian JKF Gojukai Champion 2019? It's time to start working towards your Training/Grading or Tournament Goals in readiness for this prestigious event which will be held for the first time on the Gold Coast at Carrara Indoor Stadium!

It's just a 10-minute drive to Broadbeach which will be the preferred accommodation and entertainment hub for everyone visiting, this will be absolutely awesome!

There're tons of accommodation especially apartments, and houses. Check out AIRBNB, and other Holiday Rental Websites like Homeaway, Booking.com etc. Everything on the Gold Coast is easy to get to. It's a long narrow strip bound by the beaches to the east and the hinterland to the west!