

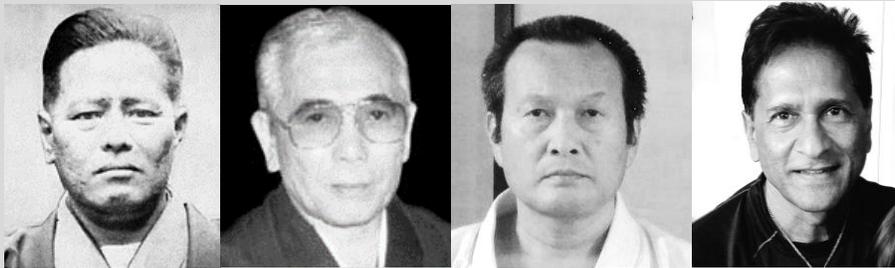
**PAN-AMERICAN GOJU RYU KARATEDO  
SEIWA KAI NEWSLETTER**

**全米剛柔流空手道  
誠和会社内報**

**Dedicated to Traditional Goju Ryu Karatedo  
ISSUE 35: March/April 2019**

All issues of the Pan-American Seiwa Kai Newsletter can be found online  
at: <http://www.greatlakesseiwakai.com/usa-seiwa-kai-newsletters.html>

Send submissions to the Pan-American Seiwa Kai Newsletter to:  
[greatlakesseiwakai@gmail.com](mailto:greatlakesseiwakai@gmail.com)



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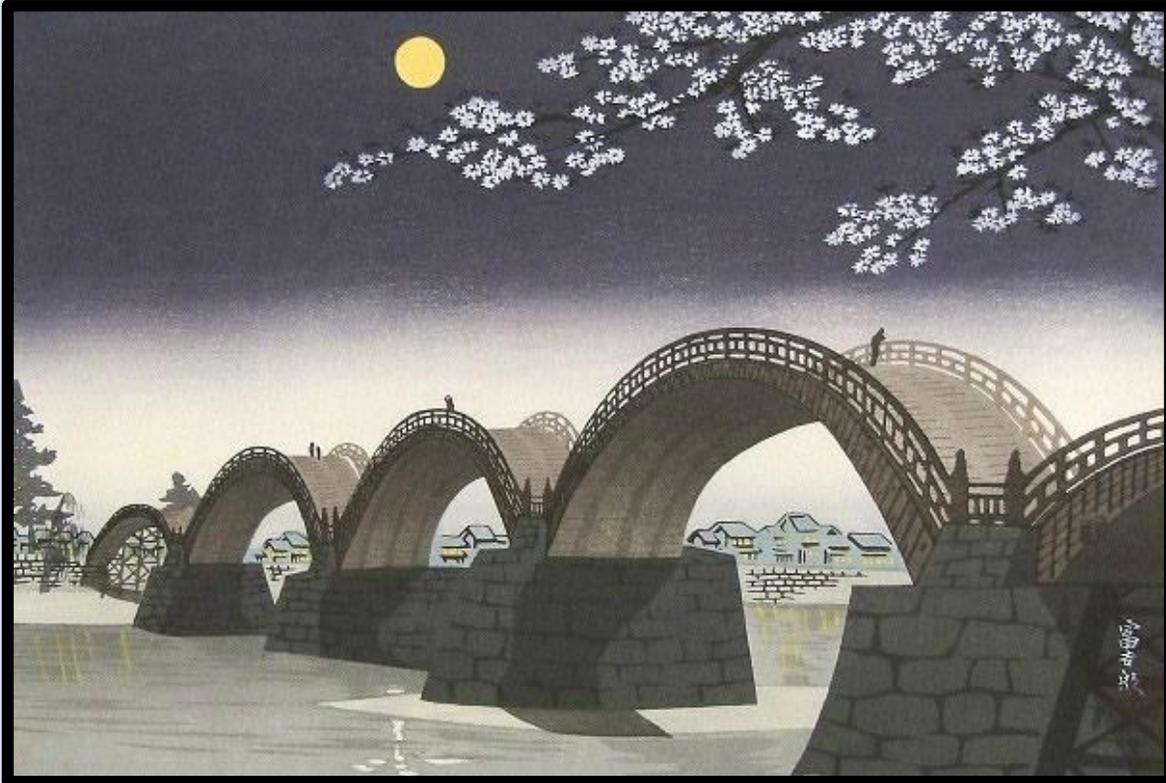
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Tomikichiro Tokuriki – *Kintai-Kyo Bridge in Spring*

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## Goshukan Mexico

By Eusebio Montes Lopez

After two years of work, Goshukan Mexico has obtained important achievements in Goju Ryu Karate teaching. With great success, the group accomplished the activities for 2018. They are beginning 2019 with an amazing agenda of new activities with programmed dates for trainings, tournaments, camping, kyu testing and belt graduations, and seminar. All group leaders, Eusebio Montes, Cyntia Martinez, Miguel Angel Macias, Sandra Rios, Claudia Arce and Salvador Serrano work very hard and are thankful for Shihan's Vassie Naidoo support in making it possible. Through the time, the communication between Sensei, students, and parents has improved. The secret to success is to work, work, work.

Thanks to everyone who has help with the growth of Goshukan Mexico.

We send our best wishes to all our fellow partners around the world.



# **George Anderson: The Father of the US Olympic Karate Movement**

**By Mark Cramer**



The road to getting karate in the Olympic Games has been a long one, and we should forever remember the first steps that were taken.

I was involved in sport Karatedo in those early years and remember when the US Olympic Committee first recognized karate as a sport. I had been involved with the Armature Athletic Union (AAU) Karate program, and I was at their national tournament in 1985 when Mr. George Anderson, the President of AAU karate, made the announcement that the US Olympic Committee had formally recognized karate as a sport.

This meant that a National Governing Body for karate had to be formed separately from the AAU which is umbrella sports organization.

This was the birth of the USA Karate Federation, and their first national championships were held in Atlanta in 1986. Nationally, Mr. Anderson was the first president. Internationally, Mr. Anderson became President of the Pan-American Union of Karatedo Organization and was also the Senior Vice-President of the World Union of Karatedo Organizations, the original International Governing Body for sport karate. He also served as their chief referee. Mr. Anderson worked tirelessly for the day when sport karate would be in the Olympic Games.

More than three decades have passed, and many things have changed since those early days. The US Olympic Committee has recognized another governing body for sport karate, and the International Olympic Committee has recognized a different governing body for international competition. The rules of competition have changed, and many of the administrators, officials, coaches and competitors have come and gone. However, it is important that we look back to the origins of the Olympic Karate movement. Only in this manner, we can see where we came from as well as how far we have gone.

Mr. George Anderson passed away in August of 2009, eleven years before his pioneering efforts of having sport karate in the Olympic Games will become a reality. In recognition of those individuals who played significant roles in these initial Olympic efforts, the US Karate Federation inducted into their Hall of Fame those administrators, officials, coaches, and competitors who were involved in the early years of the Olympic Karate movement. The induction ceremony took place on March 9<sup>th</sup> in Stow, Ohio which is a suburb of Mr. Anderson's hometown of Akron. These Pioneers of Olympic Karate helped pave the path for those administrators, officials, coaches, and competitors who will be in the Tokyo Olympics in the summer of 2020.

We will soon celebrate those who are in Karate's first appearance in the Olympic Games, but we must never forget those individuals who worked tirelessly in those early years, and those who made possible this upcoming historic event in Tokyo.

## Pioneers of USA Karate

David Ames	Ken Ferguson	John Nanay
George Anderson	Joe Gabriel	Michael Newman
Joan Anderson	Akram Geelani	Hidy Ochiai
Lesley Anderson	Larry Giordano	Walter O'Neill Jr.
Michael Antonides	Michael Ray Graves	Larry Overholt
Richard Arter	Kevin Heard	Brian Pendleton
Brent Bias	Pamela Hickey	Jeff Rhodes
Bob Boggs	Patrick Hickey	Robert Saal
Melvin Brown	Carol Hofer	Masaharu Sakimukai
Michael Bukala	Corinne Housley	Al Santucci
James Caldwell	Roger Jarrett	Anita Santucci
Grant Campbell	Jerry Kattawar	Greg Scythes
Thomas Lapuppet Carroll	Phillip Koepfel	Donald G Selchan
David Ames	Terry Maccarrone	Doug Selchan
James Cottrell	Don Madden	Traylon Smith
Vicki Cottrell	Bill Marcum	William Viola
Mark Cramer	Roxanne Marcum	Robert Watson
Joe D'Avello	Jim Mather	Lance Weimer
Tracey Day	T Mikami	Larry Whelan
Jeff Ellis	Joe Minney	Carl Wilcox
Larry Feldman	Connie Morgan	Victoria Williams Book
		Greg Williamson



## Great Lakes Seiwa Kai Gasshuku, Shinsa, and Shiai With Vassie Naidoo Shihan



**Friday Night's Session for Black Belts, Brown Belts and Invited Guests**



**Saturday's Sessions for all Students**

On March 29, 30, and 31, Great Lakes Seiwa Kai hosted its annual seminar, dan-level grading, and tournament. Attendees to this year's event came from New York, Pennsylvania, Ohio, Michigan, and Ontario, Canada. Special thanks go out to the following dojo leaders who came drove hundreds of miles to attend this event: Kevin Moskie Sensei and his students who made the trip from New York City; Sean O'Leary Sensei and his students who drove in from Eastern Pennsylvania; and Angelo Panoussis Sensei, Donna Benoit Sensei, and Charles Fink Sensei who drove in from Ontario, Canada. The presence of these dojo leaders and their students along with the expert instruction of Vassie Naidoo Shihan made this year's Gasshuku, Shinsa, and Shiai a very successful regional event.



About 40 people attended Friday evening's session for dan grades, brown belts, and invited guests. During Saturday's sessions, over 75 participants attended at least one of the sessions. In all the sessions, kihon and kata were examined and corrected in minute detail and explained in a manner that was understandable to children, adolescents, and adults alike. Everyone worked hard, and everyone learned.

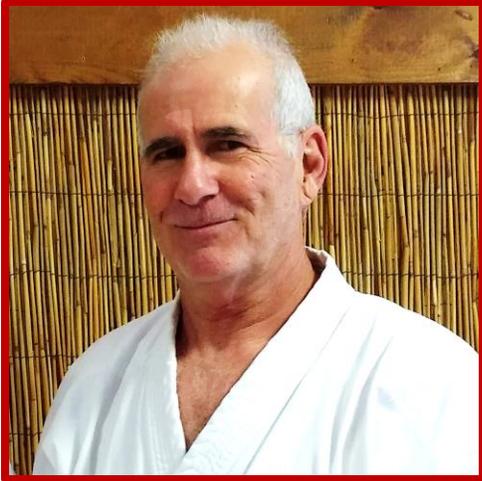


After Saturday's seminar and grading, we got together at a local eatery for food, libation, and good old-fashioned Seiwa Kai camaraderie.





Sunday's tournament had just under 80 Seiwa Kai participants who matched their skills and tested their spirit in this friendship event. The shiai was notable because much of the expert refereeing, judging, and scorekeeping was conducted by high school students from Toledo School for the Arts, the public charter school where I teach Karatedo.



## The Easy Way

By Jim Pounds

In a karate organization, structure is not political. Structure is the underlying armature of communication from bottom to top, which insures the flow of information necessary to keep the organization from devolving into chaos. That structure is also the conduit of karate education. Each level in that conduit has an implicit responsibility to keep the information flowing for the benefit and karate education of all members.

There is often functioning democracy within the structure, but it is limited. For example, a board of directors may use a majority vote method to decide certain policies and procedure within their jurisdiction. But rarely are karate organizations democratic. Almost exclusively the structure is autocratic with a head – Hanshi, Shihan, or Sensei – who was not elected and yet has ultimate say and control over the organization. That structure evolves naturally from the autocratic structure of individual dojos.

There are occasional attempts to override this traditionally autocratic structure, usually by disgruntled members who feel their position might be improved if everyone could vote. The larger the organization, the more probable this desire because there are more qualified members than there are positions of authority. There are also more egos involved. We forget that key positions are positions of leadership and require certain character traits and talents that not everyone possesses.

We also forget that we have freedom of choice. We joined our organizations because we were impressed with its leader and that leader's quality of instruction and depth of karate understanding. I personally never joined a dojo or organization under the assumption it was a democracy and that I would have the right to determine policy or direction. Perhaps years later I might become a trusted advisor to the head person and have some say.

But neither did I join with the assumption I was joining forever. We vote with our feet. If, in our opinion, the *Kaichou* changes direction in an unfavorable way or the teaching fails to help us grow, we are free to leave and seek a different teacher and organization. It is no different from your job. Unless you are in the military, you are free to leave but there are both benefits and liabilities in leaving that should be considered.

The problem, as I see it, is when disgruntled members remain in an organization and opt to let everyone know they have been somehow victimized. They do this by refusing to acknowledge the

chain of command, refusal to cooperate through passive-aggressive behavior, and through constant complaining. This serves no useful purpose and often leaves everyone with an unfavorable opinion of the disgruntled member and leads to further alienation. It is a self-fulfilling prophesy in which perception of being “short-changed” leads to actual alienation. Most people distance themselves from those who always complain yet offer few solutions to make it better.

There is an old saying that you are leaving the dojo long before you realize it. We’ve all seen it happen and perhaps done it ourselves. It starts with feeling dissatisfied and complaining, which over time leads to a reduction of participation. We begin burning bridges we aren’t even aware of.

It may be time to honestly examine our own thoughts and dialogue about our dojo, peers, Sensei, or organization. If that dialogue consists of constant criticism and complaint, and your opinion of your peers is less than favorable, it is probably time to move on. Constant complaining is the easy way out.

James Pounds  
President, USA Seiwakai  
Seiwakai of Texas

Seiwa Kai Humor

Q: How long does it  
take the average  
person to get a  
Shodan?

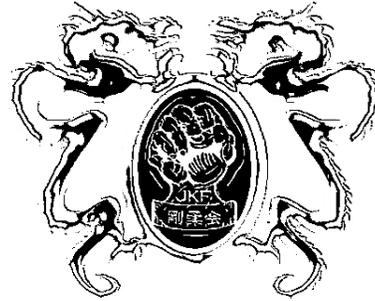
A: The average person  
doesn't get a Shodan.

## Seiwa Kai Humor



**If someone tells you that you, "fight like a girl", tell them that if they work on their technique and move a little faster, they can, too.**

## Seiwa Kai Around the Globe



## Goju Ryu Karatedo Seiwa Kai International



President: Seichi Fujiwara Hanshi



Vice President: Satoru Takahashi



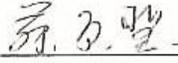
Vice President: Vassie Naidoo

SEIWA KAI INTERNATIONAL CONTINENTAL DIRECTORS

					
Ben Mare (Africa)	Glen Stephenson (Oceania)	Gurmit Singh (Europe)	Abel Figueiredo (Europe)	Craig Vokey (Pan America)	Eddie Liu (Asia)



Goju Ryu Karate-Do Seiwa Kai International  
Member of  
All Japan Karate-Do Federation  
All Japan Karate-Do Federation Goju Kai




Seichi Fujiwara (President)

***“Lead them by political maneuvers, restrain them with punishments: the people will become cunning and shameless. Lead them by virtue, restrain them with ritual: they will develop a sense of shame and a sense of participation.” Confucius 孔子***

## 2019 Seiwa Kai International Gasshuku and Shinsa



**July 17, 2019 – July 23, 2019**

Mark your calendars for July 2019 to train in Japan!

17<sup>th</sup> July, Wed: Seiwakai Daisen / Omagari Seminar

18<sup>th</sup> July, Thu: Seiwakai Omagari Seminar

19<sup>th</sup> July, Fri: Seiwakai Omagari Seminar

20<sup>th</sup> July, Sat: Rest day & Seiwakai Enkai (Party)

21<sup>st</sup> July, Sun: Seiwakai Omagari Seminar

22<sup>nd</sup> July, Mon: Seiwakai Omagari Seminar

23<sup>rd</sup> July, Tue: Seiwakai Omagari Seminar & Shinsa

To book hotel accommodations, contact your national leader who will then contact Vassie Naidoo Shihan.

Below is the cost for each hotel listed below:

### **Green Hotel**

- Single or Double 5,360 yen
- Breakfast 490 yen

### **Routine Hotel**

- Single 7,800 yen (includes breakfast)
- Double 14,000 yen (includes breakfast)
- Semi Double (a bit smaller than Double) 11,900 yen (includes breakfast)

National leaders should use the spreadsheet that was previously sent to you in order to track attendees and be sure to copy Fujiwara Shihan ([fancy.ocn.ne.jp](mailto:fancy.ocn.ne.jp)) and me ([usagojuryu@gmail.com](mailto:usagojuryu@gmail.com)) on all hotel related correspondence.

Please start immediately in order to ensure that your country is well represented in Omagari.

In Europe, Gurmit Shihan and Abel Shihan will contact the heads of each country.

### **JKF Goju Kai International Gasshuku, Shinsa and Shiai Jul 15, 2019 – Jul 28, 2019**

24<sup>th</sup> July, Wed: Travel to Nagasaki City

25<sup>th</sup> July, Thu: JKF Gojukai Seminar in Nagasaki.

26<sup>th</sup> July, Fri: JKF Gojukai Seminar & Shinsa in Nagasaki.

27<sup>th</sup> July, Sat: Tournament / Shiai & JKF Gojukai Enkai (Party)

28<sup>th</sup> July, Sun: Tournament / Shiai in Nagasaki.

# SEIWAKAI GOJU-RYU INTERNATIONAL GASHKYU & BLACK BELT GRADING



Black Belt Candidates  
Brown/Black Belts  
Blue/Purple Belts  
Adult Colour Belts

Proudly hosted by  
Seiwakai Gauteng,  
Morgan Moss Karate,  
Northdiffe Karate  
Academy & Seishin  
Martial Arts Academy

## KYOSHI BEN MARE

Seiwakai 7th Dan  
KSA 8th Dan

Director - Seiwakai International  
Chief Instructor (Africa) - JKF Goju-Kai

Compulsory for all  
Gauteng Based  
Brown/Black Belts

## 6/7 APRIL 2019

Please see the bulletin for times & venues

[www.mmk-karate.co.za](http://www.mmk-karate.co.za) -076 336 5351