

**PAN-AMERICAN GOJU RYU KARATEDO
SEIWAKAI NEWSLETTER**

**全米剛柔流空手道
誠和会社内報**

**Dedicated to Traditional Goju Ryu Karatedo
Issue 77: March/April 2026**

**All issues of the Pan-American Seiwakai Newsletter are Dedicated to
Accurately Reporting Seiwakai Events, Goju Ryu News, and Karatedo
Events, History & Philosophy.**



Chojun Miyagi, Shihan: Goju Ryu Founder

Shuji Tasaki, Shihan: Seiwakai International Founder

Seiichi Fujiwara, Shihan: Seiwakai International President

Vassie Naidoo, Shihan: Seiwakai International Vice President

Craig Vokey, Shihan: Pan-American Seiwakai President

Seiwakai USA:

Mark Cramer: President

Vassie Naidoo: Advisor

Seiwakai Mexico

Marco Madrid: President

Vassie Naidoo: Liaison

Official Representative for
Latin America Appointed by
Shuji Tasaki Shihan

Goshukan Seiwakai Mexico

Eusebido Montes: President

Vassie Naidoo: Liaison



Newsletter Editor:

Mark Cramer

Goshukan Seiwakai Canada

Craig Vokey: President

Vassie Naidoo: Liaison

Shuseikan Seiwakai Canada

Michael Beardwood:

President

Vassie Naidoo: Liaison

Seiwakai Canada

Peter Brown: Representative

Vassie Naidoo: Liaison



Kawase Hasui: Spring Evening at Kintai Bridge

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Grand Opening of Vassie Sensei's dojo in Santa Monica

L to R: Krishan Narayan Sensei, Vassie Naidoo Shihan and Craig Vokey Shihan



Shuseikan Canada Winter Seminar 2026

By Emily Mata



The Shuseikan Winter Seminar in Cambridge, Ontario was a weekend full of hard training disguised as play. Usually what I expect to work on is kihon and kata for grading. This time, though, more emphasis was placed on experimenting with bunkai and kumite application, which was a nice break in routine.

On Friday, March 27th, Sanchin shime and Tensho kata were the focus. Although I missed the shime practice, it seemed like a good hard session, as the windows of the dojo were completely steamed up when I arrived. After running through Tensho a few times, we worked with partners, practicing moving on angles and adapting the kata's bunkai to fit different self-defense scenarios.

During Saturday's sessions, we began with kata, working from Geki Sai Dai Ichi to Seipai as a group. Then we split into two, where those who were grading worked on their testing material and everyone else focused on more advanced kata. We took different segments of Shisochin and Seipai and worked through the bunkai applications with partners to get a better idea of how the kata should feel. The day of training wrapped up with a shinsa, where many shodan candidates and a few higher-level black belts put everything they learned to the test. Afterwards, Kazoku Martial Arts hosted a nice get-together where snacks, libations, and stories were shared.

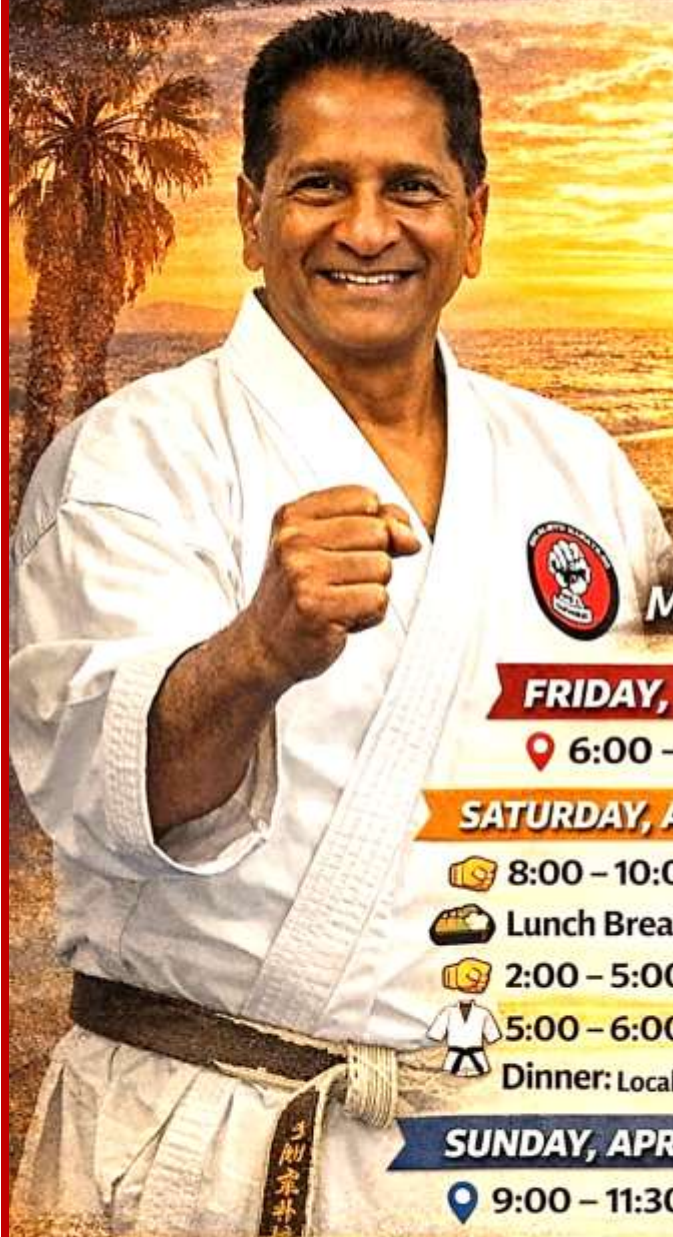
Sunday's session was filled with kumite work. We began with bunkai from Saifa, Seiyunchin, and Sanseru, broke the combinations apart, and adapted the individual pieces into more fluid, kumite-like drills. The morning was characterized by lots of throws, fluid movements, close-in fighting, and circular techniques. Everyone was encouraged to try new things and work parts of kata into their kumite. After a while, it began to feel like play.

Overall, it was a fun seminar that helped break apart and combine all of the pieces of karate into one big idea. I generally train with the assumption that everything I do in kihon is connected to everything I do in kata and kumite, and vice versa, but it was nice to get more practice exploring how exactly individual concepts can transfer from one segment of class to another. I think we can all benefit from incorporating more experimentation into our karate, and this seminar helped show how it can be done.



SHIHAN VASSIE

SEMINAR - CALIFORNIA 2026



April 17-19
Menlo Park & Pleasanton

FRIDAY, APRIL 17 - MENLO PARK

📍 6:00 - 8:00 PM - Training

SATURDAY, APRIL 18 - PLEASANTON

🕒 8:00 - 10:00 AM Morning Training

🍱 Lunch Break

🕒 2:00 - 5:00 PM - Afternoon Training

👤 5:00 - 6:00 PM Shinsa / Grading

Dinner: Local Pleasanton (TBA, possibly at my house)

SUNDAY, APRIL 19 - PLEASANTON

📍 9:00 - 11:30 AM Training

★ **OPTIONAL HIGHLIGHTS:** ★

🕒 All levels welcome

🎯 Special focus on kata & technique

📅 Shinsa / Grading opportunities

★ Quality dojo family time

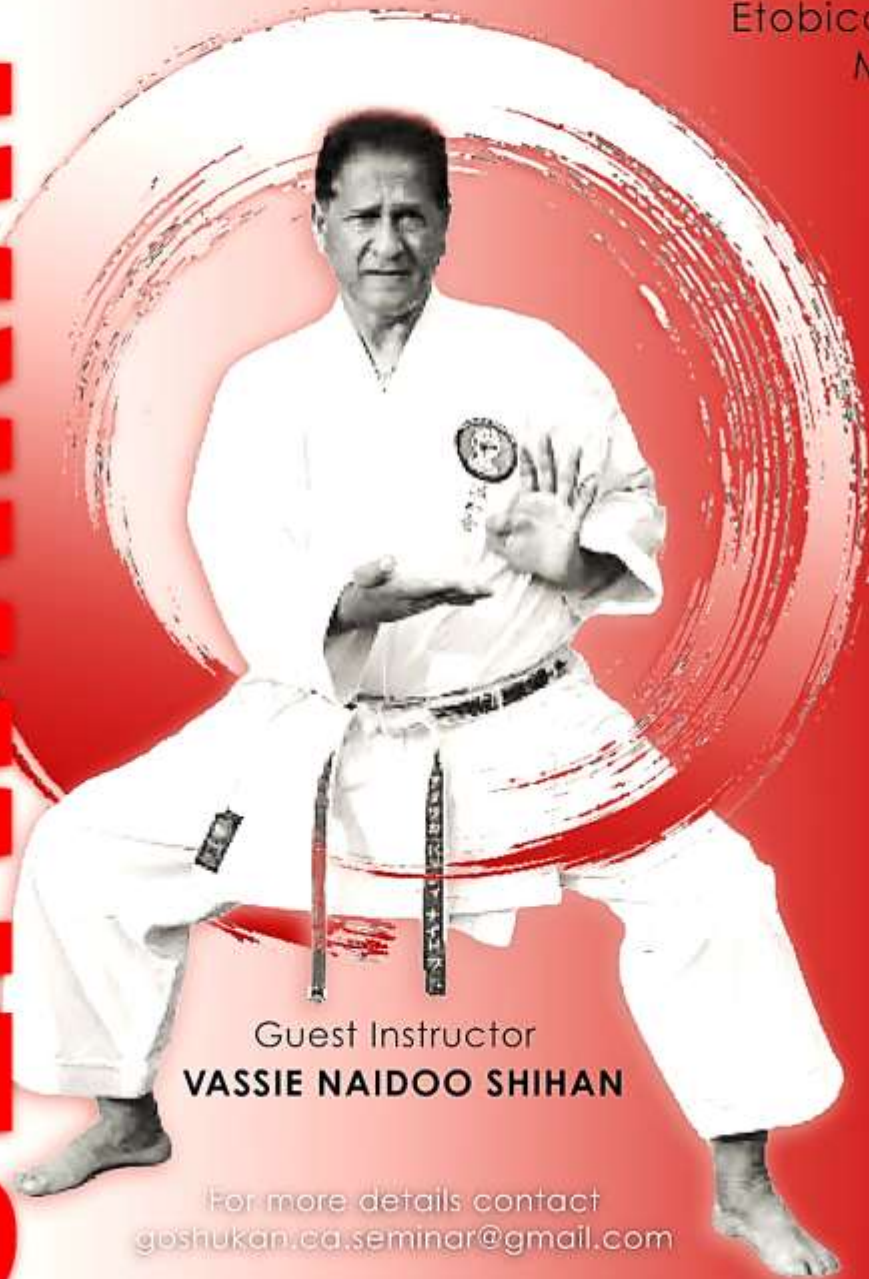
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TORONTO SEMINAR 2026

HOSTED BY GOSHUKAN CANADA

MAY 1-3, 2026

Holy Angels Hall
63 Jutland Rd.
Etobicoke, ON
M8Z 2G6



Guest Instructor
VASSIE NAIDOO SHIHAN

For more details contact
goshukan.ca.seminar@gmail.com

SEIWA
KAI

SEIWAKAI SEMINAR – Spring 2026

Hosted by Goshukan Canada

Guest Instructor – Vassie Naidoo Shihan

When: May 1 – 3, 2026

Where: Holy Angels Parish Hall, 63 Jutland Road, Etobicoke, ON

*enter from the church parking lot and the Hall is a separate building

behind the church

Accommodations: STAY INN, 560 Evans Avenue, Toronto, ON M8W 2W1
stayinnsuites.ca

group booking under – **Seiwakai Karate**

2 Queen Beds, \$225 + HST per night

1 King Bed, \$205 + HST per night

Offer expires April 17th

Training Fees:

3 days \$185

2 days \$140

1 day \$75

*Family discounts available for training fees. See attached **Dojo Sign Up List**.

Dinner Social:

Saturday May 2, 2026 – 7:30 pm

Longbranch Social House, 3595 Lakeshore Blvd. W, Etobicoke, ON M8W 1P5

\$85 per person

Seminar Schedule:

Friday May 1, 2026

5:00 pm Seminar Registration @ Holy Angels Parish Hall

6:00 – 9:00 pm Training Session

Saturday May 2, 2026

9:00 – 10:00 am S.I.W.A. B Spring Workshop (Seiwakai International Women's Advisory Board)

@ Holy Angels Parish Hall - upstairs

\$25

The Canadian representatives of S.I.W.A.B will be holding a spring workshop for people who identify as women, ages 13+. This training session will be taught by women for women.

9:00 – 10:00 am Youth Training Session – Kata

10:00 – 12:30 pm Training Session

12:30 – 1:30 pm Lunch Break

1:30 – 4:00 pm Training Session

4:00 – 6:00 pm Seiwakai Gradings

7:30 pm Dinner Social at Longbranch Social House

Sunday May 3, 2026

9:00 – 10:00 am S.I.W.A.B Spring Workshop (Seiwakai International Women's Advisory Board)

@ Holy Angels Parish Hall - upstairs

The Canadian representatives of S.I.W.A.B will be holding a spring workshop for people who identify as women, ages 13+. This training session will be taught by women for women.

9:00 – 10:00 am Youth Training Session – Kumite

10:00 – 12:30 pm Training Session

1:00 – 3:00 pm JKF Gradings (possibly up to Godan)

SEMINAR REGISTRATION

We ask that each Dojo organize their own students' registration and collect their fees for the seminar. Please use the **Dojo Sign Up List** attached. Fees in CAD can be sent through eTransfer to goshukan.ca.seminar@gmail.com, fees from other countries must be paid in cash CAD. Thank you so much for your understanding.

Each participant must complete the **online waiver**. Please use the following link to find the waiver. <https://etobickedojo.onlinewaiverpro.com/waiver/3d35ff00-1365-11f1-9fcf-6172584ae42f>

GRADING REGISTRATION FORMS

Once again, each Dojo must organize their grading candidates (Seiwakai and JKF). Please see the info from Shihan Charles Fink for completing Seiwakai & JKF grading application forms.

SEIWAKAI GRADINGS

Seiwakai Grading Fees: *all + \$50 CAD

Shodan - 20 000 JPY

Nidan - 30 000 JPY

Sandan - 40 000 JPY

Yondan - 50 000 JPY

Godan - 60 000 JPY

JKF GRADINGS

JKF Grading Fees:

Shodan: 5 000 + 5 000 = 10 000 JPY

Nidan: 5 000 + 6 000 = 11 000 JPY

Sandan: 5 000 + 7 000 = 12 000 JPY

Lifetime Memberships:

Seiwakai - 1 000 JPY or \$20 CAD

JKF - 4 000 JPY or \$60 CAD



Canada Goshukan Fall Camp

September 25-27, 2026
Days Inn, Oromocto N.B.



Schedule

Friday, Sept 25 (Block 1)	5:00 – 5:45	Welcome – Registration	
	6:00 – 7:00	Training: all ages, all belts	
	6:00 – 7:30	Training: ages 12 and up, all belts	
	7:30 – 9:00	Brown & Black Belt Training	
Saturday, Sept 26 (Block 2)	9:00 – 9:30	Kodomo Class (5-7 year olds)	
	9:00 – 10:00	Children's Class (11 and under)	
	10:00-12:00	Training: age 12 and up, all belts	
	12:00 – 12:45	Lunch (included)	
	(Block 3)	12:45 – 1:30	Lecture
		1:30 – 2:30	Training: all ages, all belts
		1:30 – 3:00	Training: ages 12 and up, all belts
3:00 – 5:00	Brown & Black Belt Training		
	7:00 – 11:00	Reception, Dinner, Entertainment, Presentations (\$30 per person)	
Sunday, Sept 27 (Block 4)	9:00 – 10:30	Brown & Black Belt Training	
	10:30 – 12:00	Training: 12 and up, all belts	
	12:00	Closing	
	1:30	Dan Exams (by invitation)	

Cost

Weekend (Youth & Adult)	Weekend (11 and under)	1 st additional family member	Each additional family member
\$50 per block (max \$150)	\$30 per block (max \$75)	Pays 75%	Pays 50%

No charge for kodomo (5-7 year old) participants

Special Room Rates Call Days Inn, Oromocto 506-357-5657 – mention GOSHUKAN for rate.

I am inviting you all to join us in **Oromocto, New Brunswick** for this year's Goshukan Canada Camp. Don't worry, Dr. Fink Shihan will still be on hand to provide a lecture on Saturday.

The camp will be held on the **25th, 26th and 27th of September.**

Registrations will be opening up in the next few weeks. See attached poster for seminar details. Please, feel free to print it off and post in your dojos or post on your dojo websites.

Key points....

1. The seminar, banquet and shinsa will be held in the conference centre of the Days Inn Oromocto.
2. We have a great deal going on at the Days Inn, \$130 + tax / night. See attached poster for contact information. Mention Goshukan Canada when booking!
3. There will be a banquet this year (catered meal) as well as entertainment. (\$30.00)
4. We will also have a hospitality suite set up for the Shihans and their plus one.
5. There will also be a special 'little gift' for the first 100 people that register for the camp. (Note: Must attend camp to receive.)

I, and my dojo, are looking forward to hosting this fantastic event for the first time ever in the Maritimes. We look forward to training hard, having fun and meeting friends, old and new!

If you have any questions, please send them to me directly, at oromoctodojo@gmail.com. **(Note I am leaving tomorrow for two weeks and will answer the emails upon my return.)**

Other information –

- Approximate driving time from Toronto area to Oromocto - 16 hours minimum
- Approximate driving time from Sudbury area - 16 to 18 hours
- Approximate driving time from B.C. - 3 - 4 Days minimum.
- Approximate driving time from Fredericton Airport to Days Inn, Oromocto - 15 minutes (yes you read that correctly)

The Days Inn does have a Chinese Restaurant, food is decent. (no that is not whom we are getting to cater)

Oromocto is attached to CFB Gagetown, the largest Military Base (geographically) in the British Commonwealth.

Yes, Oromocto, with a population of approximately 10 000, does have Tim Hortons.... 3 of them actually. If you go out to eat, there are several places in Oromocto to enjoy good food. We even have a Sushi Restaurant. Small place, but great food.

Thanks everyone, and hope to see you all soon!!!

Respectfully,

Sly

**Pan American Seiwakai Seminar 2026
November 6, 7, & 8 in Los Angeles, CA**



**Taught by
Hanshi
Seiichi
Fujiwara
Hachi Dan
and Vassie
Naidoo
Shihan Hachi
Dan**



Date	Time	Location
Friday, November 6	6:00 to 9:00 PM Training	Rustic Canyon Center
Saturday, November 7	9:00 AM to ? Beach Training	Guard Station 26 Santa Monica Beach
Saturday, November 7	12:00 to 3:00 Training	Rustic Canyon Center
Saturday, November 7	Banquet	TBD
Sunday, November 8	9:00 AM JKF Goju Kai Shinsa Shodan to Godan	Honbu Dojo
Sunday, November 8	12:00 to 3:00 Training	Rustic Canyon Center
Sunday, November 8	3:00 PM Seiwakai Shinsa	Rustic Canyon Center



More Information to Follow

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PAN AMERICAN SEIWAKAI SEMINAR WAVER FORM

NAME _____

PHONE _____

ADDRESS _____

EMAIL _____

CITY/STATE/PROVINCE _____ ZIP/POSTAL _____

COUNTRY _____ DATE OF BIRTH ____ / ____ / ____

AGE _____ DOJO _____ TEACHER _____

PHYSICAL OR HEALTH IMPAIRMENTS _____

PARTICIPANT WAVER and AFFIRMATION OF ACCURACY

In consideration of my acceptance into this seminar, I agree to release, hold harmless, and indemnify this organization, including but not limited to, participating members and instructors, all clubs, organizations, and firms of any and all liability for injuries, disease, or ill health, or the aggravation of such, all claims, demands, costs, or losses and expenses, including claims at law, which I or my heirs and personal representatives may have arising out of, or caused in any way by, or having connection with my participation in this contest and/or in the care or use of, custody and control of any involved organization, including travel to and from the tournament. All photos of me at these events may be used at the club's discretion, and we wave compensation for them. I realize that by training without a mouth guard and cup (male) I am assuming liability for any and all injuries arising from the absence of this equipment. I additionally affirm that all seminar registration information is true and accurate.

Participant's
Signature _____ Date ____ / ____ / ____

Co-signed if under 21 _____

(Parent/Legal Guardian)

Seiwakai Around the Globe



Goju Ryu Karatedo Seiwakai International

Seiichi Fujiwara



President

Satoru Takahashi



Vice President

Vassie Naidoo



Vice President

Ben Mare



**Director
Africa**

Abel Figueiredo



**Director
Europe**

Pal Gila



**Director
Europe**

Glenn Stephenson



**Director
Oceania**

Craig Vokey



**Director
Pan America**

Eddie Liu



**Director
Asia**

“Lead them by political maneuvers, restrain them with punishments: the people will become cunning and shameless. Lead them by virtue, restrain them with ritual: they will develop a sense of shame and a sense of participation.” Confucius 孔子 (Koshi)



SIWAB International Women's Goju-Ryu Training Seminars 2026 🏯 Goju-Ryu training for women and girls

Building on our first international seminar in Greece (2024), SIWAB is proud to present two international women's seminars in 2026, endorsed by Fujiwara Hanshi, Head of Seiwakai International.

📍 Beja, Portugal 🇵🇹 📅 18–20 September 2026

👤 Instructor lists to be announced soon

Train, connect, and be part of our growing global Seiwakai community.

📄 Register <https://forms.gle/zq6M85u6CDkoZVqP7>

📧 Questions? Contact siwab2019@gmail.com

💰 Seminar fees & T-shirt orders to be paid in advance (see registration form for details)

About SIWAB

The Seiwakai International Women's Advisory Board (SIWAB) supports, develops, and promotes women and girls within Seiwakai International by creating inclusive training opportunities, international connections, and leadership pathways through seminars, education, and collaboration.

Goju Ryu Karatedo Seiwakai Australia

Seiwakai Australia will be hosting Seiichi Fujiwara Hanshi 9th Dan President of Gojuryu Karate do Seiwakai International 14 and 15 April 2026 at Goshukan Karate Academy Seven Hills Sydney.

To register www.karateacademy.com.au

Regards Glenn Stephenson Director Gojuryu Karate do Seiwakai Oceania
— at [Goshukan Karate Academy](#).



**SEIWAKAI
GOJU RYU**

 **TRAINING CAMP**

**GOJU RYU KARATE DO
SEIWAKAI TRAINING CAMP**

 **SYDNEY AUSTRALIA**
Goshukan Karate Academy
3/17 Stanton Road, Seven Hills

 **TUESDAY 14TH APRIL
WEDNESDAY 15TH APRIL**
9am - 12pm | 2pm - 4pm
*Extra Class: Wed 15th April
7:30pm - 9:30pm (\$50pp)*

 **\$195 PP**
(includes Wednesday night)

BOOK HERE:  [BIT.LY/FUJIWARA_HANSHI_2026](http://bit.ly/fujiwara_hanshi_2026)

SEIICHI FUJIWARA HANSHI
PRESIDENT | CHIEF INSTRUCTOR
SEIWAKAI GOJU RYU INTERNATIONAL
8TH DAN JKF GOJUKAI

2026 JKF Goju Kai - Europe Seminar First Information



JKF² GOJU-KAI⁰ EUROPE² MASTERS SEMINAR⁶

SHIGENORI
SATO
8th DAN



TATSUO
TAKEGAWA
8th DAN



16th-17th May
VISEU-PORTUGAL

Venue:
Sports Hall of Polytechnic Institute of Viseu

Organisation:



Local Partners:



Schedule:

Saturday
10:00-13:00 | 15:00-18:00
Sunday
09:30-13:00 | 15:00-17:00

More information:

Abel Figueiredo
abel.figueiredo@esov.ipv.pt
+351 962928113 (WhatsApp)



After a long period of absence, JKF Gojukai - Europe is preparing a JKF Gojukai Masters Seminar in Europe, with cooperation of JKF Gojukai headquarters (JKF Gojukai Overseas Committee lead by Shihan Seiichi Fujiwara and Kata Instructing Committee lead by Shihan Shigenori Sato).

It will be organized in Portugal, in the beautiful city of Viseu on the 16 and 17 of May 2026.

The teachers will be:

- **Shihan Shigenori Sato**, Director of Kata Instructing Committee of JKF Gojukai, 8th dan Hanshi, and coach of WKF world champions as Hikaru Ohno and Nishiyama Kakeru.

- **Shihan Tatsuo Takegawa**, 8th dan Hanshi, member of the Kata Instructing Committee of JKF Gojukai.

On this seminar, participants also could do JKF Gojukai testing up to 5th dan, and also transference of testing because this is possible when we give an official seminar of JKF Gojukai. For this, members must have previous official registration on JKF Gojukai, have participated in previous JKF Gojukai Seminars, and dan certification recognized by WKF or National Federation of your country.

Registration still not open, and details will be explained later on the brochure but you can reserve the date, plan traveling possibilities, and use this poster information for the 2026 JKF Gojukai Masters Seminar organized by JKF Gojukai Europe in Portugal, on the city of Viseu on the 16 and 17 of May 2026.

We invite you to stimulate practitioners to come to this togetherness moment.

Fee will be fixed on a maximum of 100 EUR.

Let's enjoy togetherness training!

**5th KAJ INTERNATIONAL KARATE
CHAMPIONSHIP, COLOMBO,
SRI LANKA – 2026**



**VENUE – WATHUPITIWALA INDOOR
STADIUM**

DATE – 24th MAY

ORGANIZING BY

KAJ GOJURYU SRI LANKA

Sensei Damith Bandara

Chairman Organizing Committee

WHATSAPP +94714-855617

dandskarateacademy@gmail.com

Japan 2026



2026 Seiwakai Seminar in Omagari

August 19th, 20th, 21st

August 22nd Rest Day

August 23rd, 24th, 25th

August 25th Dan Testing in the afternoon &
Seiwakai Party in the evening.

26th travel to Yokohama

<https://docs.google.com/forms/d/e/1FAIpQLScII1tng9pPZNcIk0gBzIeg4E9DZ-nhyt83Y9Bpiud6Svy7Fw/viewform?pli=1>

Additional Information

Training 6 Days 42,000 JPY (7,000 JPY Per Day)

Seiwakai Party (8,000 JPY)

From Glenn Stephenson Registration for the Seiwakai Seminar in Omagari, Japan (Click on the link below.)



JKF Goju Kai Seminar in Yokohama, Japan

August 27 & 28 Seminar (Shinsa August 28) and August 29 & 30 Tournament

Seiwakai Greece Seminar With Pal Gila





Seiwakai Seminar Greece 2026

The annual Seiwakai Seminar Greece 2026, was an absolute success, on January 30 and 31 and February 1, 2026, at the invitation of Seiwakai Greece, with officially invited Shihan Pali Gila, Kyoshi 7 Dan Seiwakai & 7 Dan JKF Gojukai, one of Europe's top Shihankai and Director's Greece, Shihan Tsakatanis Dimitris Kyoshi 6th Dan and Shihan Tasios George Renshi 6th Dan. The event took place with the approval and consent of the President of International Seiwakai Karate-do, Seiichi Fujiwara Hanshi, as well as Vice President Shihan Vassie Naidoo, to whom Seiwakai Greece warmly thanks.

The seminar was hosted in Athens, at the Athens Dojo (Agios Dimitrios), and included training modules on Friday afternoon, Saturday morning and afternoon, as well as Sunday morning. The event ended with the pre-determined exams for Dan grades.

The opening of the seminar took place with a minute's silence, in accordance with the relevant directive to all sports associations in the country, in memory of the Greek fans who lost their lives in a car accident in Romania, on their way to watch their beloved team.

At the same time, a tribute was paid: to Seiwakai founder, Shugi Tasaki, on the occasion of the 15th anniversary of his death (30 January), and to Shihan Leo Lipinski, who passed away 8 years ago (January 1, 2018).

Warm congratulations are addressed to all the participants and, in particular, to: Panagiotos Nefeli, Pope Eupraxia, Catherine Muzourakis, Kaliami Alexander, Fanarisio Spyridon and Vokontius Angelos, who have successfully completed the Black Belt Grade 1 Dan Seiwakai. Seiwakai Greece warmly thanks its members who traveled and actively supported the event, as well as the members of Seiwakai Europe who attended from abroad, namely from Hungary, England and France.

Continuous education, quality teaching and continuous upgrade of Seiwakai members are the main goal of Seiwakai Greece, which is implemented through systematic training, international seminars and exams, with the assistance of qualified instructors.

Special thanks are extended to Shihan Pali Gila for his attendance, high level teaching and detailed presentation of the Kihon's and Kata's of Seiwakai Goju Ryu Karate-do.

The next Seiwakai Greece 2027 Annual National Seminar was decided to take place in Gardiki Thesprotia, Western Greece. More details to be announced soon.

To Seiwakai Greece
Tsakatanis Dimitris & George Tasios