

**TSA KARATE FINAL ASSESSMENT (with word banks)**

NAME \_\_\_\_\_ HOUR \_\_\_\_\_ DATE \_\_\_/\_\_\_/\_\_\_

**PART A: MATCHING**

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|----------------------------|--|
| 1. _____ Rei               | A. Preliminary Exercises of stretching and strengthening exercises |
| 2. _____ Aka               | B. blue  |
| 3. _____ Ao                | C. stop  |
| 4. _____ Bunkai            | D. “a person born before me” teacher                               |
| 5. _____ Dan               | E. basics  |
| 6. _____ Kyu               | F. “Analysis” and application of techniques in kata                |
| 7. _____ Karate            | G. free sparring developed by Yamaguchi Sensei                     |
| 8. _____ Goju Ryu          | H. named after a sponsor of Tasaki “sincere, harmony, group”       |
| 9. _____ Seiwakai          | I. Vice President of Seiwakai International                        |
| 10. _____ Dojo             | J. start   |
| 11. _____ Jiyu Kumite      | K. “sub level” black belt level                                    |
| 12. _____ Junbiundo        | L. “place of the Way” / practice hall                              |
| 13. _____ Gi               | M. hard / soft style   |
| 14. _____ Kata             | N. Red   |
| 15. _____ Kiai             | O. President of Seiwakai International                             |
| 16. _____ Kihon            | P. “form” exercise designed to teach principles of self defense    |
| 17. _____ Vassie Naidoo    | Q. shrine at the front of the dojo                                 |
| 18. _____ Seiichi Fujiwara | R. black belt level  |
| 19. _____ Seiretsu         | S. practice uniform  |
| 20. _____ Sensei           | T. spirit yell   |
| 21. _____ Shomen           | U. empty hand  |
| 22. _____ Hajime           | V. bow / respect   |
| 23. _____ Yame             | W. Line up according to karate grade                               |

**PART B: FILL IN THE BLANK WORD BANK: (There Are Spurious Answers In The Bank)**  
Chojun Miyagi; Empty-Hand, Japan; Migi; Hard-Style; 1903; Onegai Shimasu; Ryu Ryu Ko; Perfection of Character; Beijing, China; Evolved from Chinese Martial Arts; Arigato Gozaimashita; T’ang-Hand; Miyagi’s Mentor; 1922; Fuzhou, China; Okinawa; Kanryo Higaonna; Hidari; Hard-Soft Style)

24. What does Karate-do (空手道) translate to in English? \_\_\_\_\_  
Before the word karate (空手 as above) had its present meaning, what did karate (唐手) mean and what was the reason that it was it called that?
25. (meaning) \_\_\_\_\_
26. (reason) \_\_\_\_\_
27. What does Goju Ryu (剛柔流) translate to in English? \_\_\_\_\_
28. In what country did karate develop? \_\_\_\_\_
29. When was Karatedo introduced into Japan? \_\_\_\_\_
30. Who is the founder of Goju Ryu? \_\_\_\_\_
31. What relationship does Kanryo Higaonna have to Goju Ryu? \_\_\_\_\_

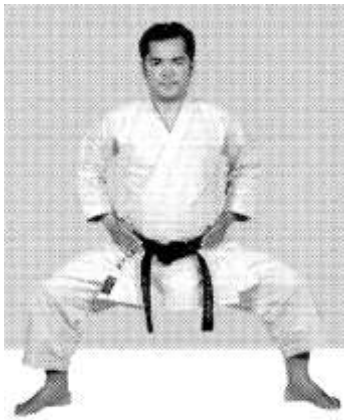
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From whom and where did Kanryo Higaonna learn the majority of his martial arts?  
32. (From Whom) \_\_\_\_\_

33. (Where) \_\_\_\_\_
34. According to Gichin Funakoshi, what is the ultimate aim or purpose of karatedo? \_\_\_\_\_
35. What do we say at the beginning of class? \_\_\_\_\_
36. What do we say at the end of class? \_\_\_\_\_
37. How do you say "left" in Japanese? \_\_\_\_\_
38. How do you say "right" in Japanese? \_\_\_\_\_

**PART C: FILL IN THE BLANK WORD BANK**

(There is one spurious term in the bank.) Sanchin, Chudan Yoko, Musubi, Osae, Age-Jodan, Ura-ken, Kokutsu, Mawashi, Neko-ashi, Zen-kutsu, Harai Gedan, Shiko, Heiko



39. \_\_\_\_\_ DACHI



40. \_\_\_\_\_ DACHI



41. \_\_\_\_\_ DACHI



42. \_\_\_\_\_ DACHI



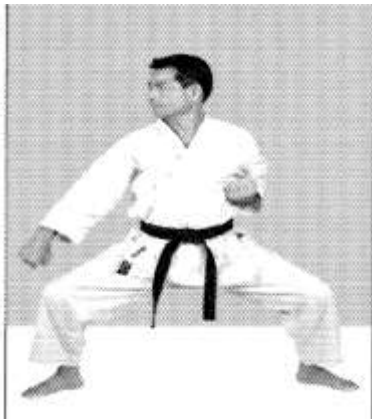
43. \_\_\_\_\_ DACHI

44. \_\_\_\_\_ DACHI

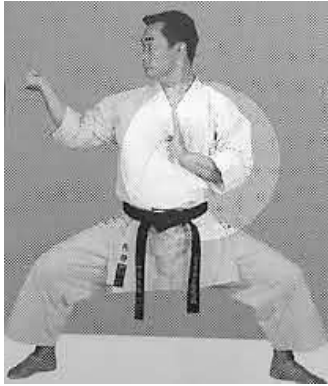


45. \_\_\_\_\_ UKE

46. \_\_\_\_\_ UKE



47. \_\_\_\_\_ UKE (BLOCK)



48. \_\_\_\_\_ UCHI (STRIKE)



49. \_\_\_\_\_ UKE

50. \_\_\_\_\_ UKE